ACTIVITIES



Adrenaline sports

Ice diving: from 85€ Heli-skiing: on quotation

Helicopter ride: 5min ride from 35€

Paragliding: flight from 80€

Kite snow: 3 hours discovery lessons from 170€ (1-2 pers)

Speed riding: 1/2 day from 95€

Mountain Biking on Snow: session from 50€



Micro light: 15min ride from 70€

Bun-J Ride: 1 jump alone from 65€

Ice Karting: 10min driving from 20€

Motor sports

Jeep Track (obstruction passing): **FREE** Snowmobiling: 30min ride: from 55€ Snowmobiling + Yurt party: from 84€

Ice driving: quad, buggy from 30€ // Cars from 60€



Outdoor sports

Mountaineering and ice climbing: from 89€

Snowshoeing: from 25€

Dog sledging: introductory ride from 60€ Harnessing + yurt party: from 150€



Bungee trampolines: session from 5€ Sledge: from 20€ // Snake gliss: from 25€

Ice rink: **FREE** access for all! Ice skates rental: 3€ per adult and 2€ per child

Rider Park Kids on snow: 30min session from 5€ (from 3 years old)



Health and fitness at "Le Lagon"

Swimming pool: entrance from 5€ per adult and 4€ per children

Wellness (sauna, hammam, Jacuzzi): entrance from 15€

Fitness and weight training: entrance from 9€



Indoor sports at "Tignespace"

Climbing: entrance from 5€ (license and/or insurance are required) (shoes

rental available at 3€)

Squash: 1 hour session 10€ per court (rackets and shoes rental available)
Badminton: 1 hour session 10€ per court (rackets and shoes rental available)

Tennis: 15€ (1 hour session)

Futsal and other team sports: 20€ (1 hour session)

Athletics: 20€ (1 hour session) Trampoline: 5€ (30 min session)





ACTIVITIES - CONTACTS



Bureau des Guides

Bureau des Guides offer huge diversity of activities. In winter: heli-skiing,

winter mountaineering, ice climbing, snowshoeing.

In summer: canyoning, rock climbing, via ferrata, hiking...

Tel. +33 (0)4 79 06 42 76

Email: <u>bureau@guides-montagne-tignes.com</u> Website: www.quides-montagne-tignes.com



Evolution 2

In winter: snow sports lessons, ice diving, dog sledding, snowshoeing,

paragliding..

In summer: snow sports, canyoning, rafting, MTB, via ferrata, rock climbing...

Contact: Stephie DIJKMAN
Tel. +33 (0)6 13 40 71 57
Email: booking@evolution2.com
Website: www.evolution2-tignes.com



HappyBikeCamp

HappyBikeCamp MTB school offers downhill, free ride, enduro courses and camps. They teach children from 6 and adults whatever their level. The people in charge of our camps are VTT specialists. Enjoy this exceptional spot to practice downhill, free ride and enduro.

Email: contact@happybikecamp.com Website: www.happybikecamp.com



Outdoor Experiences

Cross a frozen lake on a sledge pulled on by a pack of hounds, fly over the mountains during a maiden flight in helicopter or paragliding, test your sensations during a snowmobile stroll or a paragliding flight or live a wonderful night throughout various formula: altitude or inuit evening..

Contact: Cédric and Philippe

Tel. +33 (0)6 81 21 92 09 and +33 (0)6 25 72 95 57

Email: cedric@outdoor-experiences.fr and philippe@outdoor-experiences.fr and philippe@outdoor-experiences.fr

Website: www.outdoor-experiences.fr



RSO Lac

RSO Le Lac is adventures organizer: experience many activities with mountain professional: riding, thrills, fun, authentic, friendly... RSO has a solution for all you want!

Tel: +33 (0)4 79 06 32 65 Email: rso@esf-tignes.org



Ideal partner to motivate and unite your associates, reinforce group cohesion and team spirit in the exceptional, wide open spaces of Tignes Val Claret! A team of professionals are here to listen to your requests and organize your allinclusive, 'à la carte' activities.

Tel. +33 (0)4 79 06 31 28 Email: rso@esftignes.org

Website: www.red-ski-organisation.com

